

Crisis >

What happens after the first responders leave? Weeks and months after a disaster people are just beginning to put their lives back together. After the initial trauma and rescue stages, people begin to focus on getting back to "normal." But the notion of "normal" is forever changed.

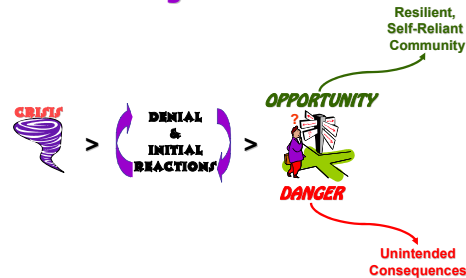
Change >

People often try to behave the way they did before the major trauma, but typically, it does not go as well as hoped or expected. Motivation, attention and productivity often suffer.

Choice >

The GFSC **Crisis > Change > Choice: Building Community Resilience** model gives community leaders and citizens tools and techniques to better deal with the aftermath of major changes and how to evaluate the consequences of choices they face.

Building Community Resilience Crisis > Change > Choice



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Workshop Focus

The workshops prepare community leaders and committed citizens to share techniques for:

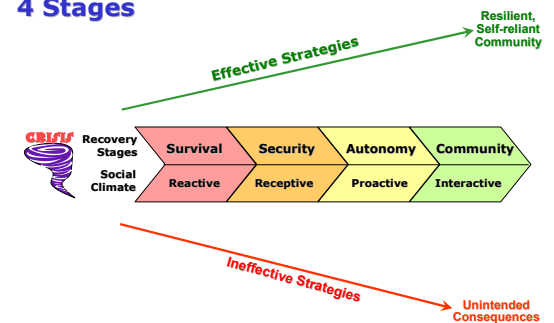
- **Managing grief effectively**
understanding the grieving process and its effect on regaining a sense of normalcy, control and decision-making.
- **Applying specific leadership styles**
appropriate to each stage of rebuilding.
- **Maintaining a balance** between recovery responsibilities and personal well-being.
- **Develop specific action plans** to cascade learning within organizations and communities, selecting appropriate facilitation and mentoring techniques.

Realizing individual and community strengths and resources, getting back to a new sense of "normal" as quickly as possible is key in rebuilding lives, productivity and community. Accepting irrevocable change and finding new ways to cope with change, building resilience and strengthens the community for the long term.

"This workshop's materials, content and facilitators...were outstanding...This workshop is authentic and very useful. This training will assist the Fire Department as we chart our new future of service delivery."

Kwame Cooper,
Community Liaison Officer & Battalion Chief,
Los Angeles Fire Department

Building Community Resilience 4 Stages



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"Global Facilitator Service Corps has an impressive record of doing this work in other disaster areas with good results."

Michael Cowan,
Director of Public Relations,
Loyola University, New Orleans

Our **Crisis>Change>Choice** workshops provide a framework for professionals and communities to understand the process and long-term effects of change on individuals and on communities, large and small. This model can be integrated into your strategies for rebuilding the community life of your city, town, neighborhood or organization.

GFSC workshops are customized to meet the needs of the community. We offer a 4 hour overview for community leaders and agency personnel. This is typically followed by a collaborative assessment and design of a one or two day workshop, with many opportunities for sharing and practice.

To arrange for a workshop for your school or district, write to us at

info@globalfacilitators.org.

For more information about GFSC, visit <http://globalfacilitators.org>

GFSC provides mentoring, methods and materials for communities to strengthen their resilience in times of crisis and change.

Since 2002, Global Facilitator Service Corps (GFSC) has worked with communities all over the world, including New Orleans, Los Angeles, Dominican Republic, Taiwan, Colombia and Victoria, Australia after natural and man-made disasters.

"[The workshop] provided an opportunity to identify several strategies to use with staff after a crisis and modify my leadership style."

Manager, Louisiana Department
of Health & Hospitals

We have also worked with professional groups including the International Association of Facilitators (IAF), National Conference on Dialogue and Deliberation (NCDD), the Austral-Asian Facilitator Network (AFN) and the Institute of Cultural Affairs (ICA).

"As a result of sharing what you helped me see, understand and learn, we have the beginnings of a stronger, healthier, more cooperative group!"

Lydia C. New Orleans



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**Building Community
Resilience & Self-Reliance**

GFSC is a 501(c) 3 organization.
Donations are tax-deductible in the USA